

GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
(RAILWAY BOARD)

No.E(MPP)2000/19/1/Pt.(Meditation) New Delhi, dated 9.11.2002

The General Manager/CAO
(All Indian Railways & PUs)

Sub:- Introducing Yoga training in all Training Centres.

In view of the Recommendation No. 5.7 of the Railway Safety Review Committee-98 (Part-I) instructions were issued to Railways vide Board's letters of even number dated 23.11.2001 and 23.8.2002 issued under RBE No. 231/2001 and 144/2002 respectively on introduction of Yoga in all training centres,

The implementation of Yoga Training may be confirmed.


23/11/02

(P. Ananth)
Joint Director (Manpower Planning)
Railway Board.