

(6)
S.No. 2

GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
(RAILWAY BOARD)

No. 2008/H/5/18

New Delhi, dated: 08.01.2016

**General Manager
All Indian Railways (Including PUs & RDSO)**

Sub: Fitness of candidates including cases of compassionate ground appointments, PwD (non-gazetted) & land losers etc. found diabetic in first medical examination.

In the recent past, it was observed that in a number of cases, especially in cases of compassionate ground appointment, Hon'ble Courts have ordered that the candidates suffering from Diabetes Mellitus are to be taken in Railway Service even though they were declared unfit for Railway services by the Competent Medical Authorities. The Hon'ble Courts in their various judgments have held that Diabetic Mellitus is not a disease. Keeping in view the persistent observations coming from Hon'ble Courts, a three member committee was constituted to examine the issue.

The Committee has recommended the following parameter for diagnosing Diabetes Mellitus and deciding of fitness candidates:-

1	Fasting Plasma Glucose level	More than or equal to 126mg/dl.
2	Two-Hours Post-Prandial Plasma Glucose level	More than or equal to 200mg/dl.
3	Hb A1 C	More than or equal to 6.5%

In view of the above established facts the following procedure for deciding medical fitness of candidates suffering from diabetic conditions (diagnosed as per above parameters) is laid down:-

1. For different types of appointments including compassionate, PwD (Non-gazetted) etc., candidate if found diabetic in first examination (as per above parameters) should be re-examined.
2. Re-examination would be done by a "THREE MEMBER MEDICAL COMMITTEE" comprising of one physician of P.G. Qualification/Endocrinologist if available; one ophthalmologist & headed by a SAG medical officer of the divisional/zonal hospital. Recommendation of the Committee will be accepted by CMS/MD/CMO/ACMS in-charge as the case may be.
3. Purpose of re-examination will be the thorough clinical evaluation and investigation to rule out any complication of Diabetes or involvement of any End Organ.

4. If some investigations are to be performed for which the facility is not available in-house, the same should be arranged from recognized private labs/clinic & the charges for the same are to be paid by the candidate only.
5. If there is no complication or involvement of End organ, the candidate will be declared "FIT IN CEY ONE OR BELOW".
6. Establishment Directorate has to readjust those candidates as per available vacancy.

This has the approval of Board (MS).



Joint Director (Health)
Railway Board

No. 2008/H/5/18

New Delhi, dated: 01.01.2016

Copy to:-

1. Chief Personnel Officer, All Indian Railways/PUs including RDSO.
2. Chief Medical Director/CMOs, All Indian Railways/PUs including RDSO.
3. Chief Commissioner of Railway Safety, Lucknow.
4. Advisor (Safety), Railway Board, New Delhi.
5. Computer of facilitation Centre, Room No.5, Near Fate No.1, Rail Bhawan.
6. Directors of CTIs, RSC/Baroda, IRICEN/Pune, IRJEEN/Nasik, IRISSET, Secunderabad, IRIMEE/Jamalpur and IREITEM/Lucknow.



(R.S. Shukla)

Joint Director (Health)

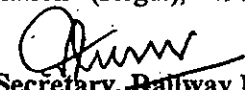
Railway Board

New Delhi, dated: 01.01.2016

No. 2008/H/5/18

Copy to:-

1. The General Secretary, AIRF, Room No. 253, Rail Bhawan, New Delhi.
2. The General Secretary, NFIR, Room No. 256-E, Rail Bhawan, New Delhi.
3. All Members of Departmental Council and National Council and Secretary, Staff Side, National Council, 13-C, Ferozshah Road, New Delhi.
4. The Secretary General, FROA & IRPOA, Room No. 256-A & 268, Railway Board.
5. The General Secretary, All India RPF Association, Room No. 256-D, Rail Bhawan, New Delhi.
6. The Secretary, RBSS Group 'A' Officers Association, Room No. 256-D, Rail Bhawan, New Delhi.
7. The Secretary, RBSS Group 'B' Officers Association, Rail Bhawan, New Delhi.
8. The Secretary, RBMSA, Rail Bhawan, New Delhi.
9. The Secretary, Railway Board Group 'D' Employees Association, Rail Bhawan, New Delhi.
10. The Secretary, Railway Board Promotee Officers Association, Room No. 341-C, Rail Bhawan, New Delhi.
11. The General Secretary, All India SC/ST Railway Employees Association, Room No. 8, Ground Floor, Rail Bhawan, New Delhi.
12. General Secretary, Retired Railway Employees Welfare Association (Regd.), 490A/16, Gurudwara Road, Gurgaon.



For Secretary, Railway Board

New Delhi, dated: 01.01.2016

No. 2008/H/5/18

Copy to:-

E (NG) I& II, Security (E) & Security (ABE) Branches of Railway Board.