

GOVERNMENT OF INDIA (भारत सरकार)
MINISTRY OF RAILWAYS (रेल मंत्रालय)
RAILWAY BOARD (रेलवे बोर्ड)

No.2008/H/5/18.

New Delhi Dated: - 05 .08.2016.

General Managers
All Indian Railways including PUs & RDSO.

Sub: - Re- medical examination of A-one category staff declared unfit and De-categorized due to Diabetes Mellitus and associated complication.

Ref: - Board's letter of even No. dated 20.05.2011.

Attention is invited to Board's letter of even number dated 20.05.2011 wherein the decision of the Board to allow employees in A-one medical category who are suffering from Diabetes Mellitus to be declared fit for the respective category, if the Diabetes is controlled on diet and/ or on Tab. Metformin (oral hypoglycemic drugs) upto 2 gm/ day only was conveyed. It was further stipulated therein that the periodical medical examination of such employee is to be conducted every year in addition to regular follow up as per the advice of the treating physicians. This policy guideline had further stipulated that in service employees of A-one category who had been declared unfit due to Diabetes Mellitus prior to issue of Board's letter of even No dated 20.05.2011 will not be considered for re-medical examination.

The issue of debarment of in service employee of A- one categories who have been declared unfit due to Diabetes Mellitus prior to issue of Board's letter dated 20.05.2011 was taken up by both the recognized employees federations (AIRF & NFIR).

The matter has been re-examined in consultation with the user department viz. Electrical, Mechanical and Safety Directorates duly taking into account the views express by both the recognized employee federations. After detailed deliberation in the matter and discussion with the representative of the recognized employee federations, it has been decided to allow an appeal from employees de-categorized in the last two years immediately prior to the date of issue of initial order dated 20.05.2011 and relaxation in such cases to be considered on case to case basis subject to fulfilment of requisite mileages and successful completion of refresher courses and re-medical examination of the concerned employees in Aye one medical category with the rider that, the person suffering from Diabetes Mellitus can be declared fit in Aye one medical category if diabetes is controlled on diet and / or on Tab Metformin (oral hypoglycemic drug) upto 2gm only.

This issues in consultation with the Safety, Mechanical, Electrical and Establishment Directorates in Board's office. Accordingly an ACS to Annexure III (Para 509, 512) and 12.7.2 of IRMM-2000 is enclosed.

Hindi Version will follow.

Other provisions contained in Board's letter of even No. 20.05.2011 will remain unchanged.

This has the approval of Board (MS).



(R.S. Shukla)(आर. एस. शुक्ला)

Joint Director (Health) (सं. नि./स्वा.)

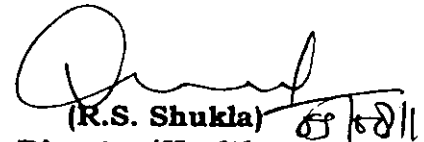
Railway Board (रेलवे बोर्ड)

No.2008/H/5/18

New Delhi, Dated 08.08.2016

Copy to:-

1. Chief Medical Directors and MSSs' All Indian Railways (including PUs).
2. Computer facilitation Centre, Room No, 5, Near Gate No. 1 Rail Bhawan.
3. Directors of CTIs, RSC? Baroda, IRICEN/ Pune IRIEEN/Nasik, Secunderabad, IRIMEE/Jamalpur and IREITEM/ Lucknow.
4. General Manager & FA&CAO, Metro Rail, Kolkata.
5. General Manager & FA& CAO, CORE, Allahabad.
6. The Director General, Railway Staff College, Vadodara.
7. The Managing Directro, RITES, New Delhi House 27, Barakhamba Road, New Delhi and (b) IRCON Palika Bhawan, Sector XIII, R.K. Puram, New Delhi (c) CRIS, Safgarjung Railway Station, Chankyapuri, New Delhi. IRFC (e) CONCOR of India, Lts., KONKAN Railway Corpn. Ltd Belapur Bhawan Sector-11, CBD Belapur, Navi Mumbai, NVNL, Plot No. 25, 1st Floor August Kranti Bhawan, Bhikaji Cama Place, New Delhi- 110066.
8. The General Secretary, IRCA/ New Delhi.
9. The Secretary, Railway Board, Promotee Officers Association, Room No. 341- C, Rail Bhawan, New Delhi.
10. Director General RDSO, Lucknow.
11. The Director (a) IRIEEN, Nasik, (b) IRCEN, Pune (C) IRIMEE, Lamalpur (d) IRISSET, Secunderabad.
12. The Chairman, RCC, Lok Sabha Secretariat, New Delhi.
13. The Chairman, RRT, Chennai.
14. The Chairman, RCT.
15. The Chairman, RRB/ Ajmer, Ahmedabad, Allahabad, Bangalore, Bhopal, Bhubaneswar, Chandigarh, Chennai, Kolkata, Jammu, Gorakhpur, Guwahati, Malda, Mumbai, Muzafarpur, Patna, Ranchi, Secunderabad & Tricandrum.
16. The Chairman, Passenger Amenities Committee.
17. Member Passenger Amenities Committee.
18. The CAO (G) COFMOW, Tilak Bridge, New Delhi.
19. The Directro, CAMTECH/Gwalior.
20. The CAO (a) MTP (G)/ Mumba (b) MTP (G)/Chennai.
21. Office of the Chief Project Administrator (Telecom). Indian Railways Central Organization for Telecom Consultancy, Shivaji Bridge, New Delhi.
22. Chief Mining Advisor, Ministry of Railway, Dhanbad.
23. The CAO (Const.) Central Railway , Mumbai.
24. The Director (Movement) Railway/ Kolkata.


(R.S. Shukla)

**Joint Director/Health
Railway Board.**

No.2008/H/5/18

New Delhi, Dated:- 08.08.2016.

Copy to:-

1. The General Secretary, AIRF, Room No.253, Rail Bhawan, New Delhi.

2. The General Secretary, NFIR, Room No.256-E, Rail Bhawan New Delhi.
3. All Members of Departmental Council and National Council and Secretary, Staff Side, National Council, 13-C, Ferozshah Road, New Delhi.
4. The Secretary General, FROA & IRPOA, Room No.256-A & 268, Railway Board.
5. The General Secretary, All India RPF Association, Room No.256-D, Rail Bhawan, New Delhi.
6. The Secretary, RBSS Group 'A' Officers Association, Room No.256-D, Rail Bhawan, New Delhi.
7. The Secretary, RBSS Group 'B' Officers Association, Rail Bhawan, New Delhi.
8. The Secretary, RBMSA, Rail Bhawan, New Delhi.
9. The Secretary, Railway Board Group 'D' Employees Association, Rail Bhawan, New Delhi.
10. The Secretary, Railway Board Promotee Officers Association, Room No.341-C, Rail Bhawan, New Delhi.
11. Chief Commissioner of Railway Safety, Lucknow.
12. Advisor (Safety), Railway Board, New Delhi.
13. The General Secretary, All India SC/ST Railway Employees Association, Room No.8 Ground Floor, Rail Bhawan, New Delhi.
14. General Secretary, Retired Railway Employees Welfare Association (Regd.), 490A/16, Gurudwara Road, Gurgaon.


For Secretary, Railway Board

Copy o:

PS to MR, MSR (V), & MSR(N),

Sr. PPS to CRB, FC, MS, ME, MT, ML, MM, All Additional Members DG/RHS, DG/RPF, Secretary , All Officers and Branches of Railway Board.

Advance Correction Slip to Annexure—III (para 509, 512)—12,7,2 of IRMM-2000.

Annexure –III (Para 509,512) – 12.7.2 of IRMM-2000 to be replaced as under:-

Employees in A-one category who are suffering from Diabetes Mellitus can be declared fit for the respective categories if Diabetes is controlled on diet and / or on Tab. Metformin (Oral Hypoglycemic Drug) upto 2gm/day only.

It has also been decided to allow an appeal from employees de-categorized in the last two years immediately prior to the date of issue of initial order dated 20.05.2011 and relaxation in such cases to be considered on case to case basis subject to fulfilment of requisite mileages and successful completion of refresher courses and re-medical examination of the concerned employees in Aye one medical category with the rider that, the person suffering from Diabetes Mellitus can be declared fit in Aye one medical category if diabetes is controlled on diet and / or on Tab Metformin (oral hypoglycemic drug) upto 2gm only.

Periodic medical examination of such employee is to be conducted every year in addition to regular follow up as per the advice of the treating physician.

(Board's Authority letter No. 2008/ H/5/18 dated 20.05.2011. & 08.08.2016
