

भारत सरकार/GOVERNMENT OF INDIA  
रेल मंत्रालय /MINISTRY OF RAILWAYS  
(रेलवे बोर्ड)/ (RAILWAY BOARD)

No. 2006/H-I/9/1

New Delhi, Dated, 29.12.2006

4-1-07

**The General Managers  
All Indian Railways.**

**Sub:-Observance of Important Days/Weeks for increasing Health Awareness.**

A list of Important Days/Weeks relating to various health problems/illness and diseases to be observed is given below:-

Sl No	Month/Day/Date/Week	Title of the day /Week
1.	JANUARY 30th	ANTI-LEPROSY DAY
2.	MARCH 15th	WORLD DISABLED DAY
3.	MARCH 24th	WORLD TUBERCULOSIS DAY
4.	APRIL 7th	WORLD HEALTH DAY
5.	APRIL 11th	NATIONAL SAFE MOTHERHOOD DAY
6.	MAY 8th	RED CROSS DAY
7.	MAY 31st	WORLD NO TOBACCO DAY
8.	JUNE 5th	ANTI FILARIA DAY
9.	JUNE 26th	INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TREATMENT
10.	JUNE 27th	DIABETES DAY
11.	JULY 6th	WORLD ZOOONOSIS DAY
12.	JULY 11th	WORLD POPULATION DAY
13.	AUGUST 1st-7th	WORLD BREAST-FEEDING WEEK
14.	SEPTEMBER 21st	ALZHEIMERS DAY
15.	SEPTEMBER 26th	INTERNATIONAL DAY FOR THE OLDER PERSONS
16.	SEPTEMBER 26th	DAY OF DEAF
17.	OCTOBER 1st	NATIONAL VOLUNTARY BLOOD DONATION DAY
18.	OCTOBER 2nd	ANTI-LEPROSY DAY
19.	OCTOBER 9th	WORLD SIGHT DAY
20.	OCTOBER 10th	WORLD MENTAL HEALTH DAY
21.	OCTOBER SECOND WEDNES DAY	INTERNATIONAL DAY FOR NATURAL DISASTER REDUCTION
22.	NOVEMBER 7th	NATIONAL CANCER AWARENESS DAY
23.	NOVEMBER THIRD SUNDAY	WORLD DAY FOR REMEBBRANCE FOR ROAD TRAFFIC VICTIMS
24.	DECEMBER 1st	WORLD AIDS DAY
25.	DECEMBER 3rd	INTERNATIONAL DAY FOR DISABLED PERSONS

The above days may be celebrated in a befitting manner in your zone. On these days/weeks seminars/workshops/exhibitions be organized for the benefit of Railway population and general public about the concerned disease/various health problems/issues of concern.

A feed back report may be sent to this office on completion of the observance of the above days/weeks for perusal of DG (RHS).

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Copy for information and necessary action to the following:  
Chief Medical Directors / All Indian Railways.

HEC/RS