

GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
RAILWAY BOARD

No. 2019/H/5/Med. Exam (Policy)

New Delhi, dated: 21.11.2019

General Managers
All Indian Railways
All PUs (including RDSO & NAIR).

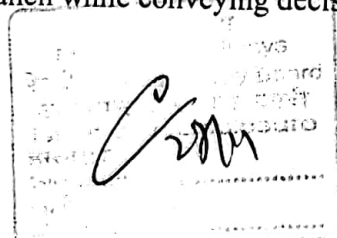
Sub: Medical examination of candidates proposed for appointment in Railway through Open Market Recruitment conducted by Railway Recruitment Board.

Ref: This office letter No. 2019/H/5/Med. Exam (Policy) dated 08.01.2019.

Attention is invited to Board's letter cited under reference wherein certain direction was conveyed for medical examination of RRB candidates.

Arising out of a reference, the issue has been examined afresh and it has been decided, in suppression of Board's letter cited under reference, that the zones should follow the under-mentioned procedure for medical examination of RRB candidates before declaration of final results:-

1. Number of candidates to be deputed for medical examination to any divisional hospital each day will be decided by the PCMDs concerned in consultation with RRBs depending upon the infrastructure available in the divisional hospital as well as availability of doctor(s) for conducting medical examination. However, in mass recruitment all doctors of the zone be given medical examination duties in rotation of 3-4 days however it should be ensured that a medical examiner is not allotted more than twenty (20) candidates each day. All eligible doctors of the zone need to be trained and certificate of competence issued by PCMD.
2. The candidates should have proper authority as laid down in Annexure 5 of Para 515 & 516 of IRMM 2000.
3. Photograph of the candidate should be pasted by using gum on the memo and the signature of the candidates should be obtained in such a manner that half of it should appear on the photo and half on the memo. Similarly, the attestation by the Medical officer and stamp should also be made in the same way on the photograph
4. There should be an appropriate room for staff where the candidates with medical memo would be reporting. Signature, identification marks and LTI of candidate will be taken on the counterfoil of medical examination book on the day of reporting.
5. The signature, identification marks and the LTI of the candidate will also be taken on certificate foil of medical books on the day of finalization, which will be issued to the personnel branch while conveying decision on fitness / unfitness.



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6. Once the formalities of arrival of the candidate is completed, the candidate should be directed to a comfortable room where they can be seated while waiting for their turn. Lab staff of the hospital should be in a position to collect sample of blood, urine etc. for examination purpose in the waiting room itself.
7. Candidates coming in batches for medical examination should be subjected to medical examination in a gated enclave with adequate seating arrangements where all the necessary requirements such as, drinking water, toilet facilities should be available. The candidates should be released only after completing all the medical tests.
8. Hospital Attendants and ministerial staff deployed at Medical Examination room should be rotated frequently –preferably every day. Available such staff of the hospital who, can be deployed in the waiting room should be imparted appropriate training before commencement of the medical examination.
9. If the opinion of the specialists is required for any candidate, it should be arranged only in the medical examination room itself by calling the specialists to the Medical room. In any case, the candidate should neither be asked nor allowed to go out during the medical examination process.
10. Only one candidate at a time should be allowed to enter into the medical examination room at a time. Vision and physical examination of the candidate should be completed and then the next candidate should be taken.
11. If a candidate is referred to any hospital/lab for investigation, it should be insisted that the doctors to accord their opinion on the back side of the referral page with stamp and signature of the doctor. The referral letter will contain photo and signature of the candidate duly attested by the medical examiner.
12. Medical Committee recommendations, particularly in cases where the candidate is declared unfit for the post should contain detailed speaking order clearly stating the ability/inability of the candidate for each of duties in relation to the defect / disease of the candidate attached to the post and the effects of the deficiency / disease on employee, co-workers, safety of Railways and passengers. Signature / LTI of candidate have to be obtained on all pages on medical committee/medical board. Names, designation of members of the medical committee/board should be clearly recorded along with name and designation of accepting authority.
13. The doctor's chamber for conducting medical examination should have proper seating space/examination space and the room should be well-equipped for conducting medical examination.
14. The zones must ensure that once a candidate reports for medical examination, he/she should exit from a different gate only after completion of the medical examination process. The candidate should not be allowed to go in and out during medical examination process to avoid impersonation/reporting of a different unauthorized person. Guidelines for medical examination, Divisional medical committee and medical board for specific tests:
 - (a) Clear and detailed record of EGL test indicating colour shown and colour identified is to be recorded with signature of candidate and doctor.
 - (b) Detailed recording of Ishihara test such as to be read as --- read as --- with plate number— with signature of candidate and examining doctor are to be obtained with signature of candidate and doctor.

- (c) BP recordings are to be done after adequate rest and relaxation of candidate. It is a good practice to record BP in both upper arms.
- (d) Peripheral pulses to be recorded at all areas – radial, brachial, carotids, femoral, popliteal, dorsal pedis etc.
- (e) Powers of glasses in detail are to be recorded on both folios of medical examination certificates whereas glasses are permitted as per rules.
- (f) Fitness/Unfitness has to be decided within shortest possible time.

15. Candidates being examined under physical handicap quota – their disability may be examined and calculated as per the Social Disability act issued by Ministry of Social Welfare. In case of any disparity in the percentage of disability arrived at as per the Disability Certificate & the medical board report, the matter will be referred to department of Health & Family Welfare. Railway has to follow the guidelines issued by Ministry of Social Justice as amended from time to time.

This has the approval of the Director General (RHS).


(R.S. Shukla) 21/11/13
Joint Director (Health)
Railway Board

Copy to:-

- i. Principal Chief Medical Directors, All Indian Railways.
- ii. Principal Chief Medical Officers, All Production Units (Including RDSO).
- iii. ED/RRB, Railway Board for information and necessary action.