

**GOVERNMENT OF INDIA  
MINISTRY OF RAILWAYS  
(RAILWAY BOARD)**

No. 2017/SCC/3/9/Pt.

New Delhi, dt. 19.05.17

**General Managers,  
All Indian Railways (Including PUs).**

**Director General/ RDSO & NAIR**

**Chief Administrative Officer / RWF, Bela & DMW  
All Training Institutes, COFMOW/IROAF**

**Sub : Modalities for annual mandatory health check up of Railway officers for filling APAR.**

New APAR format introduced from 1/4/17 for all Railway officers across Indian Railways contains a provision for annual mandatory health check up for officers above 40 years of age.

All officers above the age of 40 years are required to undergo this health check up every year by the end of year i.e., Feb./ March.

In this background, it has been decided that whenever any Railway officer approaches the Authorized Medical Officer (AMO) for health check up for the purpose of APAR, the following modalities are to be followed.

- A. Thorough General Physical Examination.  
B. Basic investigations for screening of the following health parameters:-
- Blood test for Hb% TLC, DLC, FBS, Hb A1c, Lipid profile, LFT, KFT.
  - ECG.
  - Urine for R/E & M/E

\* Any other additional investigation if felt desirable by the doctor.

This has the approval of competent authority.

*Amitava*  
19/05/17  
**(Dr. Amitava Dutta)**  
**Executive Director Health (General)**  
**Railway Board**

**Copy to : Secretary/Railway Board for information.  
Chief Medical Directors /All Indian Railways.  
Chief Medical Officers/ Production Units, RDSO & RWF .  
Sr. Prof. Health Management / Medical/ NAIR  
All Officers in Railway Board including officers in Pragati Maidan.**

GOVERNMENT OF INDIA/ BHARAT SARKAR  
MINISTRY OF RAILWAYS/ RAIL MANTRALAYA  
(RAILWAY BOARD)

No. 2017/SCC/3/9/Pt.

New Delhi, dated 19.05.17

General Managers,  
All Indian Railways (Including PUs).

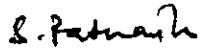
Director General/RDSO & NAIR

Chief Administrative Officer/RWF, Bela & DMW  
All Training Institutes, COFMOW/IROAF.

Sub : Mandatory health check up of Railway officers for filing APARs.  
Ref: Letter of ED Health(G)/Railway Board of even number dated  
19.05.17.

Letter of ED Health (G)/Railway Board dated 19.05.17 containing modalities for mandatory health check up of Railway officers is enclosed. It is clarified that the instructions contained in this letter shall be applicable from the reporting year 2017-18 onwards.

Encl: As above.

  
(Sagarika Patnaik)  
Director (Confdl.)/G  
Railway Board

Copy to:

Secretary/Railway Board for information.  
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C&IS-for uploading in the REIS website.