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Government of India/Bharat Sarkar
Ministry of Railways/Rail Mantralaya
(Railway Board)

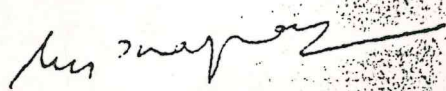
No.69/Safety-I/RAIC-68/Item 88(Part 'B') New Delhi, dated 22-12-1979

The General Managers,
All Indian Railways.

Subject: Procedure for periodical psychological check up of
Drivers aged 45 years plus and their counselling.

Since empirical data of ageing is suggestive of psycho-motor slowness, and our investigations have also revealed that mental alertness and vigilance are not influenced by the ageing process, the ability to perceive and discriminate visual forms change significantly after 45 years of age and reaction time tends to be sluggish. This programme envisages psycho-motor testing once in two years after the age of 45, and counselling of those drivers who are found to be wanting in respect of the abilities tested. This is a totally welfare-oriented safety programme and has no administrative repercussions at any stage of the career of the employee. The purpose of the programme is to make the drivers aware of the changes in the two significant abilities - Form Perception Capacity, and Reaction Time - and make them familiar with the likely job hazards arising out of these changes, and counsel them within a well-defined specific framework, so that they can exercise greater care in the performance of their duties. This programme has been fully tested and tried out on a pilot basis.

2. Board have decided to introduce this scheme on all the railways with immediate effect. The railways should obtain necessary details from RDSO, if not available with them.


(V.K. Thapar)
Jt. Director(Safety)-II
Railway Board

DA/Nil

Copy to:

The Director General, RDSO with request to furnish necessary details to the railways immediately. In this connection, RDSO's letter No.71/Psycho/22 dated 29-5-1978 also refers.